



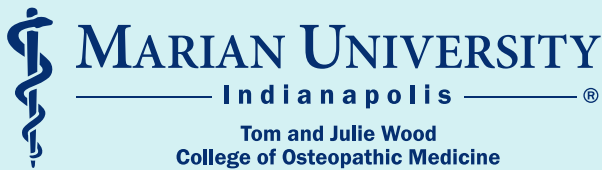
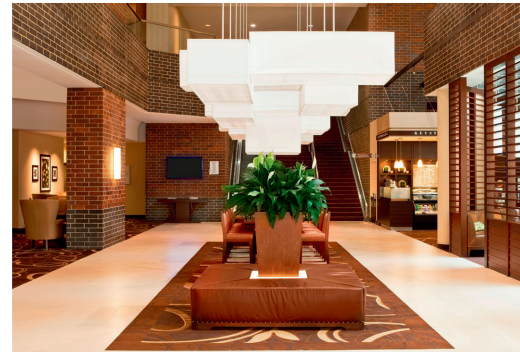
43RD ANNUAL WINTER UPDATE

December 6 - 8, 2024

The IOA is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The IOA designates these programs for a maximum of **20 AOA Category 1-A credits** and will report CME and specialty credits commensurate with the extent of the physician's participation in these activities.

The AAFP has reviewed 2024 Annual Winter Update and deemed it acceptable for up to **20.00 Live AAFP Prescribed credit(s)**. Term of Approval is from 12/06/2024 to 12/08/2024. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s)[™] toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.



Tom and Julie Wood
College of Osteopathic Medicine

PRECONFERENCE OMT WORKSHOP December 5, 2024

The MU-WCOM is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The MU-WCOM designates these programs for a maximum of 8 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in these activities. Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

SHERATON INDIANAPOLIS HOTEL AT KEYSTONE CROSSING





IOA_{DO}

INDIANA
OSTEOPATHIC
ASSOCIATION

**SAVE
THE DATE**

IOA's 127th Spring Update

May 16 - 17, 2025 (Virtual)

IOA's 44th Winter Update

December 4 - 6, 2025

Welcome to the

Indiana Osteopathic Association

43rd Annual Winter Update

December 6-8, 2024

Marian University Tom and Julie Wood

College of Osteopathic Medicine

Preconference OMT Workshop

December 5, 2024

Sheraton Indianapolis Hotel at Keystone Crossing

EDUCATIONAL OBJECTIVES

This Continuing Medical Education (CME) program should benefit all physicians by correcting outdated medical knowledge, providing new knowledge on pharmaceutical advances, and improving physician competence through the mastery of new skills. Completion of this program should allow the physicians to practice with renewed confidence and ability.

CONTINUING MEDICAL EDUCATION COMMITTEE

Rachel Shockley, D.O., Chair

Bruce Brink, Jr., D.O.

Brittany Simpson, D.O.

Nick DeFauw, D.O.

Amanda Wright, D.O.

Jacklyn Kiefer, D.O.

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The registration desk will be open from 7:30 a.m. to 5:00 p.m. on Thursday, December 5; from 6:30 a.m. to 6:15 p.m. on Friday, December 6; from 6:30 a.m. to 5:15 p.m. on Saturday, December 7; and from 6:30 a.m. to 11:45 a.m. on Sunday, December 8.

All events in this program are included in registration fees.

CONTINUING MEDICAL EDUCATION PROGRAM INSTRUCTIONS

Kindly put cell phones and pagers on vibrate before entering the lectures. Physicians are reminded to complete, sign, and return your Continuing Medical Education Program Reporting Forms and Pharmaceutical and Practice Tools Update Cards and to complete and return your Evaluation/Outcome Survey Forms for all speakers.

DISTINGUISHED GUEST SPEAKERS

Greg D. Cohen, DO, FACOFP dist., Secretary/Treasurer of the American College of Osteopathic Family Physicians (ACOFP), will be our guest on Friday and will provide an ACOFP update.

Teresa A. Hubka, DO, President of the American Osteopathic Association (AOA), will be our guest on Saturday and will provide the AOA Annual Update.

MOTYKA DANNIN OSTEOPATHIC EDUCATIONAL FOUNDATION

The Motyka Dannin Osteopathic Educational Foundation awards forgivable loans to Indiana students attending osteopathic medical schools. Your support of the Advocates to the IOA's fundraising efforts at our CME program by buying raffle tickets and bidding on items in the silent auction is greatly appreciated. The money raised will go to the foundation.

SATURDAY EVENING PRESIDENT'S RECEPTION — BENEFITING THE MOTYKA DANNIN FOUNDATION

The IOA is hosting a holiday reception and Silent Auction on Saturday evening. Please plan to stop by the Clearwater Ballroom for a few minutes any time between 5:30 p.m. and 7:00 p.m. for appetizers, beverages, and an opportunity to celebrate the holiday season with colleagues and friends. All spouses/guests and children are invited too.

MU-COM Pre-Conference OMT Workshop Agenda

Thursday, December 5, 2024

(Workshop in Suite 16)

7:30 AM - 7:55 AM

Continental Breakfast

7:55 AM - 8:00 AM

Welcome & Overview

Anthony Martin, DO

8:00 AM - 9:25 AM (1.5 Credits)

Approach to the Patient with Upper Respiratory Infection (and Cervical Region OMT Showcase)

Jeremy Jones, DO

9:25 AM - 9:30 AM

Break

9:30 AM - 10:25 AM (1.0 Credit)

Practical Approach to GI Complaints in the Primary Care Setting

Chelsea Workman, DO; Tyler Beach, DO

10:25 AM - 10:30 AM

Break

10:30 AM - 11:30 AM (1.0 Credit)

LBP in the Primary Care Setting

Dustin Prince, DO; Kylie Ranard, DO

11:30 AM - 12:30 PM (1.0 Credit)

Approach to the Patient with Headaches / Upper Back Pain

Matt Turton, DO

12:30 PM - 1:15 PM

Lunch

1:15 PM - 2:15 PM (1.0 Credit)

Techniques to Balance the Diaphragm

Carly Chapman, DO

2:25 PM - 2:30 PM

Break

2:30 PM - 3:30 PM (1.0 Credit)

Neck Pain in the Primary Care Setting

Ben Rodimel, DO; Elyse Oney, DO

3:30 PM - 5:00 PM (1.5 Credits)

Approach to the Lower Extremity

Matt Eaton, DO

5:00 PM

Adjourn



Thank You

to all our outstanding presenters
at this year's Winter Update!
We appreciate the dedication
and time it takes to prepare and
deliver presentations.

*schedule subject to change

Friday, December 6, 2024

6:30 AM - 7:00 AM

Continental Breakfast
(breakfast out until 8am)

7:00 AM - 7:10 AM

Welcome & Introductions
David Koronkiewicz, DO, President

7:10 AM - 8:10 AM (1.0 Credit)

Workplace Violence in Healthcare
David Koronkiewicz, DO, MS-HQSM, CHCQM, FAOAO

Learning Objectives:

1. Identify common legal challenges Indiana physicians face in their practice.
2. Describe recent changes in Indiana healthcare law and how they impact physician liability and practice management.
3. Explain strategies for effectively managing legal risks to protect both the physician and patient rights within the practice setting.

8:10 AM - 9:10 AM (1.0 Credit)

Legal Issues Affecting Indiana Physicians
Robert Saint, Esquire

Learning Objectives:

1. Identify common legal challenges Indiana physicians face in their practice
2. Describe recent changes in Indiana healthcare law and how they impact physician liability and practice management.
3. Explain strategies for effectively managing legal risks to protect both the physician and patient rights within the practice setting.

9:10 AM - 9:30 AM

Break - Visit Exhibitors

9:30 AM - 10:30 AM (1.0 Credit)

Skin of Color Picture Quiz
Brittany Simpson, DO

Learning Objectives:

1. Better identify common skin conditions in skin of color.
2. Describe visual differences in identification between common skin conditions between varying skin tones.
3. Provide improved holistic osteopathic care to patients of color through increased awareness of identifying skin conditions that appear different in skin of color.

10:30 AM - 10:40 AM

IOA Annual Meeting / IN-ACOFPP Annual Meeting
David Koronkiewicz, DO, President, IOA
Rachel Shockley, DO, President, IN-ACOFPP

10:40 AM - 11:15 AM

ACOFPP Update
Greg D. Cohen, FACOFPP dist., Secretary/Treasurer, ACOFP

11:15 - 11:30 AM

Break

11:30 AM - 12:15 PM

Lunch

12:15 PM - 12:45 PM

Dessert Break - Visit Exhibitors

12:45 PM - 1:45 PM (1.0 Credit)**Orthopedic Primary Primer and When Should I Call?**

Madhu Rao, DO, FAOAO

Learning Objectives:

1. Describe the types and classifications of fractures commonly encountered in clinical practice.
2. Recognize key indicators of osteoporosis and muscle/tendon injuries to facilitate timely diagnosis and intervention.
3. Discuss the role of steroid use and its potential impact on musculoskeletal health.

1:45 PM - 2:45 PM (1.0 Credit)**Diagnosis and Management of Neck Masses**

Shant Korkigian, DO, FAOCOHNS

Learning Objectives:

1. Review the paradigm shift that has occurred recently in addressing neck masses
2. Understand the change in the pathology over the past 20 years associated with neck masses
3. Providers will be able to provide the latest algorithm or diagnosis and care in lateral neck masses in adults.

2:45 PM - 3:45 PM (1.0 Credit)**Before Addiction: Understanding Trauma**

Emily Zarse, MD

Learning Objectives:

1. Describe the connection between trauma and substance abuse.
2. Review vulnerabilities and risk factors for trauma and addiction.
3. Recognize how trauma informed care can better assist patients into recovery.

3:45 PM - 4:45 PM (1.0 Credit)**Medication Assisted Treatment for Opioid Use Disorders**

Emily Zarse, MD

Learning Objectives:

1. Discuss how we got to our current crisis of opioid use
2. Review the difference between dependence and addiction
3. Discuss brain changes associated with SUD
4. Differentiate between different types of Medication Assisted Treatment (MAT) for SUD, particularly Opioid Use Disorder

4:45 PM - 5:45 PM (1.0 Credit)**Serious Bacterial Infections in Neonates**

Jeremy Jones, DO

Learning Objectives:

1. Discuss neonatal risk factors for early-onset sepsis.
2. Identify common organisms that cause early-onset sepsis.
3. Describe management strategies for infants with risk factors for sepsis.

SATURDAY, DECEMBER 7, 2024

7:00 AM - 7:20 AM

Continental Breakfast
(breakfast out until 8am)

7:20 AM - 7:30 AM

Welcome
David Koronkiewicz, DO, President

7:30 AM - 8:30 AM (1.0 Credit)

Psychosocial Aspects of Hospice & Palliative Care
Matt Misner, DO

Learning Objectives:

1. Discuss psychosocial aspects with the hospice and palliative care field.
2. Understand how these aspects might have an effect on the overall success of the treatment and interaction received.
3. Consider ways that providers may choose to intervene in order to help keep this process more fluid.

8:30 AM - 9:30 AM (1.0 Credit)

OMT as a Novel Adjunct in Pediatric Hematology/Oncology Supportive Care

Amber Brown, DO, MS

Learning Objectives:

1. Describe the utility of OMT as adjunctive care in pediatric hematology/oncology
2. Explain published and ongoing research investigating OMT in pediatric hematology/oncology
3. Describe knowledge gaps and future research opportunities incorporating OMT into pediatric hematology/oncology

9:30 AM - 9:40 AM

Break

9:40 AM - 10:40 AM (0.0 Credit)

Research Presentations

Research Winners

Improving OMT Clinic Referral Process
Chelsea Workman, DO; Mark DeNardin, DO

Bridging the Gap: Primary Care Access Near Marian University

Caitlin Truffer, OMS II; Simrah Hamid, OMS II

Exclusively Online EMS Training Program Can Improve Large Vessel Occlusion Assessment

Musaab Froukh, OMS I

10:40 AM – 11:40 AM (1.0 Credit)

The Role of Anti-VEGFs for Ocular Diseases

Megan Heil, DO

Learning Objectives:

1. Identify clinical signs and symptoms of eye conditions that may benefit from Anti-VEGF therapy, such as macular edema from diabetic retinopathy, wet macular degeneration, and retinal vein occlusions.
2. Describe the diagnostic criteria for conditions commonly treated with Anti-VEGF medications to improve patient referral accuracy.
3. Explain the benefits and potential outcomes of Anti-VEGF therapy for patients with specific retinal conditions to facilitate informed decision-making in patient care.

11:40 AM - 11:50 PM

Break

11:50 AM - 12:10 PM

Lunch & IOA Awards / MDF Awards & Scholarship

David Koronkiewicz, DO, President

12:10 PM - 12:50**AOA Annual Update / Swearing-In IOA Board Members**

Teresa A. Hubka, DO, AOA President

1:00 PM - 2:00 PM (1.0 Credit)**The Highs and Lows of Type 2 Diabetes**

Caroline Steinman, DO

Learning Objectives:

1. List the diagnostic criteria for type 2 diabetes.
2. Describe the types of medications used to treat type 2 diabetes.
3. Describe the ways to utilize continuous glucose monitors.

2:00 PM - 3:00 PM (1.0 Credit)**Update on the medical treatment of Overactive Bladder**

Patrick Woodman, DO, MS

Learning Objectives:

1. Be able to identify Overactive Bladder/Urge Incontinence, compared to Stress Incontinence
2. Describe the pathophysiology and use it to help understand how current medical therapies can be used to treat OAB/UUI
3. Become familiar with some relatively new medical therapies and their advantages

3:00 PM - 4:00 PM (1.0 Credit)**Cardiology**

Derek Mounsey, DO, MHA

Learning Objectives:

1. Recognize the key updates for Atrial Fibrillation diagnosis and management from the ACC/AHA/ACCP/HRS Atrial Fibrillation Guidelines from 2023
2. Describe factors and methods for stroke risk assessment in patients with atrial fibrillation and special scenarios
3. Recognize various management options for rate and rhythm control in patients with atrial fibrillation

4:00 PM – 5:00 PM (1.0 Credit)**Breast Imaging: A Review of Recommendations, Breast Density, and High Risk**

April Cox, DO, FAOCR, MRMD

Learning Objectives:

1. Explain the four types of breast density
2. Discuss the risks associated with dense breast tissue
3. Explain how breast density affects breast cancer screening and discuss supplemental screening techniques.
4. Understand current legislation regarding breast density

**December 7th, 2024****Motyka Dannin Education Foundation
Silent Auction**

Join us on Saturday, December 7 for an exciting Silent Auction benefiting the Motyka Dannin Osteopathic Education Foundation! Bidding will occur all day Saturday, and winners will be announced at the end of the President's Reception that evening. The Motyka Dannin Foundation is a 501(c)(3) not-for-profit charitable organization that provides forgivable loans and learning opportunities to Indiana students in osteopathic medical schools! Bid on some amazing items and help make a difference in osteopathic education.

Sunday, December 8, 2024

6:30 AM - 7:00 AM

Continental Breakfast
(breakfast out until 8am)

7:00 AM - 8:00 AM (1.0 Credit)

I Kneed Your Advice
Jacob Holtz, DO

Learning Objectives:

1. Identify common knee related issues
2. Provide basic workup/evaluation for common knee complaints
3. Recognize when to refer a patient to an orthopedic or sports medicine provider

8:00 AM - 9:00 AM (1.0 Credit)

Erectile Dysfunction
Helen Bernie, DO, MPH

Learning Objectives:

1. Describe the underlying pathophysiology of erectile dysfunction and its common etiologies in primary care patients.
2. List pharmacologic and non-pharmacologic treatment options for erectile dysfunction, including lifestyle modifications that improve patient outcomes.
3. Explain how to conduct a sensitive and comprehensive assessment of erectile dysfunction.

9:00 AM - 9:15 AM

Break

9:15 AM – 10:15 AM (1.0 Credit)

AI in Healthcare
Stephanie Russ, DO

Learning Objectives:

1. Identify areas for AI integration
2. Understand current capabilities of AI

3. Recognize challenges
4. Understand Stakeholder Perspectives

10:15 AM - 11:15 AM (1.0 Credit)

Common Women's Health Concerns in Primary Care
Taylor Bachert, DO

Learning Objectives:

1. List common women's health conditions.
2. Describe appropriate screening recommendations for female patients.
3. Identify treatment resources to better serve female patients

11:15 AM - 12:15 PM (1.0 Credit)

Conversational Catalysts: Enhancing Patient Care with Motivational Interviewing
Ann Cunningham, DO; Victoria Nobari, DO

Learning Objectives:

1. Explain the psychological and behavioral mechanisms underlying motivational interviewing, including how it leverages intrinsic motivation and resolves ambivalence, thereby deepening their understanding of its application in patient care
2. Identify key clinical scenarios in which motivational interviewing is most effective
3. Apply practical skills in motivational interviewing to better facilitate patient behavior change, leading to more successful management of chronic conditions and a more patient-centered approach in osteopathic care

12:15 PM

Adjourn

The IOA extends appreciation to the following for their participation in this continuing medical education program.

EXHIBITORS

Ascension St. Vincent
Community Health Network
Motyka Dannin Foundation

Marian University Tom and Julie Wood
College of Osteopathic Medicine
(MU-WCOM)
Otsuka America Pharmaceuticals, Inc.

SPONSORS

**Presidents' Reception
Sponsors**



Taylor Bachert, DO



Dr. Taylor Bachert, D.O., is a Board Certified family medicine physician who practices at Community Health Network in Greenwood, IN. She attended Marian University Wood College of Osteopathic Medicine and completed residency at the Community South Osteopathic

Family Medicine residency program. Dr. Bachert serves on the IOA legislative committee, as an AOA alternate delegate, and as an ACOFP delegate. She is a clinical preceptor for Marian University Wood College of Osteopathic Medicine students. Her special interests include mental health, lactation, and women's health.

Tyler Beach, DO

Tyler Beach, D.O., is an ABFM-certified Family Medicine physician and graduate of Marian University College of Osteopathic Medicine. He currently serves as core faculty in the Osteopathic Recognized Franciscan Health Family Medicine Residency Program on the south side of Indianapolis. His clinical interests include care of the elderly, men's health care, and preventive care. In his spare time he enjoys working on house projects, reading history books, attending worship concerts, and spending time with his wife and three children.

Helen Bernie, DO, MPH



Dr Helen L. Bernie is a board-certified Urologist and the Director of Male Sexual and Reproductive Medicine at Indiana University. She is an Assistant professor of urology and the Andrology Fellowship Director. She developed and co-directs the male fertility

preservation program at IU. Dr Bernie completed her 6-year urology residency at The University of Rochester and subsequently completed a 2-year fellowship in Male Sexual and Reproductive Medicine at Memorial Sloan Kettering Cancer Center and Weill Cornell University. She is an active

member of the International Society of Sexual Medicine (ISSM) and the Sexual Medicine Society of North America (SMSNA) on several committees and sits on the SMSNA Board of Directors. She specializes in Men's Health, Erectile Dysfunction, Penile implants, Peyronie's Disease, Male Infertility, Fertility Preservation and Cancer Survivorship. When she is not working, she enjoys spending time with her husband and three boys.

Amber Brown, DO, MS



Dr. Amber Brown, DO, MS is a board certified pediatrician, currently completing her pediatric hematology/oncology fellowship at Riley Hospital for Children in Indianapolis, IN. Dr. Brown attended medical school at Des Moines University in Des Moines, IA and as part of her

medical school training also completed an osteopathic manipulative medicine (OMM) fellowship. She completed pediatric residency at Maine Medical Center in Portland, ME, where her research focused on the incorporation of OMM into the care of pediatric patients with cancer or sickle cell disease. During her fellowship training, Dr. Brown has continued that work and is investigating the safety, feasibility, and efficacy of OMM as a supportive care therapy in the care of hospitalized pediatric patients with cancer or sickle cell disease. Her additional clinical and research interests lie in optimizing disease-directed therapy and supportive care for patients with high-risk acute leukemias, and she plans to pursue a career in oncology and oncocritical care.

April Cox, DO, FAOCR, MRMD



Dr. Cox practices at IU Health Bloomington and IU Health Bedford Hospitals. After attending medical school at Pikeville College School of Osteopathic Medicine Dr. Cox went on to complete her residency in Diagnostic Radiology at Garden City

Hospital Michigan and fellowship in Body Imaging at William Beaumont Hospital, Royal Oak Michigan. Dr.

Cox is a member of several professional organizations, including the American Osteopathic Association, American Osteopathic College of Radiology, and Indiana Osteopathic Association. She is currently the President of the American Osteopathic College of Radiology and President Elect of the Indiana Radiological Society. Dr. Cox has also been recognized for her outstanding contributions by Women in Medicine as a Top Doctor. Dr. Cox has lectured on many topics including breast cancer screening with the desire to educate patients and colleagues on screening guidelines, high risk screening, and advancing modalities.

Ann Cunningham, DO

Dr. Ann Cunningham is the Psychiatry Residency Program Director and Assistant Designated Institutional Official for Community Health Network in Indianapolis, IN. She is originally from Illinois, and she received her Doctor of Osteopathic Medicine degree from Kirksville College of Osteopathic Medicine. She completed her general psychiatry residency training at Banner Good Samaritan in Phoenix, Arizona and forensic psychiatry fellowship training at University of Rochester Medical Center in Rochester, New York.

Matthew Eaton, DO, MPH, FACOEP

Dr. Matthew Eaton is a board-certified Emergency Medicine physician and currently practices throughout Indiana. He received his Doctor of Osteopathic Medicine from the Midwestern University - Chicago College of Osteopathic Medicine. Dr. Eaton completed his residency in Emergency Medicine in Illinois, served as chief resident at Midwestern University, and has previously practiced medicine in the Chicago and San Antonio metropolitan areas. Dr. Eaton has been inducted as a fellow of the American College of Osteopathic Emergency Physicians. He is a member of the American Osteopathic Association and serves as a National Board of

Osteopathic Medical Examiners faculty member. Dr. Eaton is currently serving as Assistant Professor of Emergency Medicine and Osteopathic Principles & Practice at Marian University - Wood College of Osteopathic Medicine. As a part of the outstanding faculty, he is excited to help shape the future of Osteopathic Medicine in Indiana.

Megan Heil, DO



Dr. Megan Heil, D.O. is a board certified ophthalmologist who practices at Boling Vision Center in Goshen, Indiana. Dr. Heil is originally from Poplar Bluff, MO. She did her undergraduate training at Florida State University in

Tallahassee, FL and attended medical school at what was then Kansas City University of Medicine and Biosciences. She completed her residency training at Genesys Regional Medical Center in Grand Blanc, MI. Dr. Heil now lives in Syracuse, Indiana with her husband and 3 young boys. In her free time, she enjoys spending time on Lake Wawasee.

Jacob Holtz, DO



Dr. Holtz is a board certified family physician with additional certification in sports medicine. He completed his family medicine training with Community Health Network at the Community South Osteopathic Family Medicine

Residency and completed his sports medicine training at the South Bend-Notre Dame Sports Medicine Fellowship. He currently practices outpatient sports medicine with Hendricks Regional Health. He focuses on musculoskeletal complaints of all ages with a special interest in ultrasound guided diagnostics and therapeutic interventions. He also focuses on fracture management including pediatrics through geriatrics.

Jeremy Jones, DO



Jeremy Jones, DO, is a clinical associate professor in primary care at Marian University Tom and Julie Wood College of Osteopathic Medicine (MU-WCOM) in Indianapolis, Indiana. He is a member of the Americana College of Osteopathic Pediatricians, the

American College of Pediatricians, the Catholic Medical Association, the American Osteopathic Association, and the Indiana and Oklahoma Osteopathic Associations. Dr. Jones received his Bachelor of Science in Chemical Engineering at the University of Oklahoma and his Doctorate in Osteopathic Medicine at the Oklahoma State University Center for Health Sciences (OSU-CHS) in Tulsa, Oklahoma. Dr. Jones is board certified in pediatrics. He has experience in teaching and mentoring medical students and resident physicians for thirteen years. Dr. Jones has clinical interests in asthma education and spirometry; medical knowledge acquisition through illness scripts; and clinical decision-making through train-of-thought processes. His academic interests include integrated lecture design and game-based learning. Dr. Jones has personal interests in his Catholic faith, daily Mass, St. Thérèse of the Child Jesus, Carmelite spirituality, cooking, and chess. Dr. Jones enjoys spending time with his wife, Maria Kayla, and their three daughters: Gemma Rose, Mary Agnes, and Lucy Cecilia.

Shant Korkigian, DO, FAOCOHNS

Shant Korkigian, DO attended undergraduate at the University of Michigan (Ann Arbor, MI) where he received a Bachelor of Art in Political Science and Near Eastern Studies. He received his Doctor of Osteopathy from Michigan State University College of Osteopathic Medicine (East Lansing, MI). He went onto complete his residency in Otolaryngology and Facial Plastic Surgery at Botsford Hospital in the Michigan State University Statewide Campus System (Farmington Hills, MI) and a fellowship in Head and Neck Surgical Oncology and Microvascular Reconstruction at St. Vincent Hospital (Indianapolis, IN). He is

now a private practice otolaryngologist at ENT Specialists, PC (Novi, MI) and is currently a clinical associate professor at Michigan State University as faculty in both the Corewell and Henry Ford Health Systems' Otolaryngology residency programs.

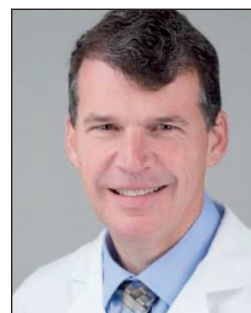
David Koronkiewicz, DO, MS-HQSM, CHCQM, FAOAO



Recently retired orthopedic surgeon and current IOA President Dr. Koronkiewicz, was a practicing surgeon for over thirty at Goshen Health. Since 1994, he has been a member of the Indiana Osteopathic Association. He served as a trustee on the IOA board, and

was also president from 2007-2008; in 2010, he was awarded the J.B. Kinsinger Plaque, the IOA's highest honor for outstanding service to the osteopathic profession and his community. He has served as an IOA delegate to the AOA for many years. He was a Board Examiner for the American Osteopathic Board of Orthopedics Surgery and an Assistant Clinical Professor at Marian University College of Osteopathic Medicine. He has held many positions at Goshen Health, including Medical Director of Quality and Utilization Review and Care Management. He completed a Master of Science in Healthcare Quality and Safety Management in 2019. He frequently speaks at the IOA's bi-annual continuing medical education seminars.

Matt Misner, DO

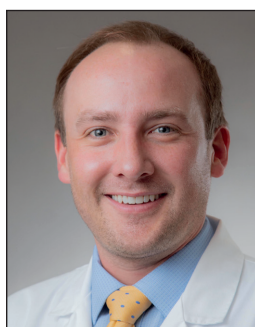


Matt Misner is a board-certified Pediatrician and long-standing member of the American Academy of Pediatrics (AAP). He has worked as a hospice physician at the Center for Hospice Care, in Mishawaka, Indiana, since 2020. He has provided face-to-face home and

clinical exams to pediatric hospice and palliative care patients, as well as adult patients. He has also actively manages the acute needs of these same patients at the Raclin Center inpatient unit (IPU). He serves as the Education Director at the Center and teaches hospice principles to the Indiana University

(IU) students and Family Medicine residents. He also participates in the training of IU Hospice and Palliative Medicine fellows at both participating medical facilities, as well as the University of Notre Dame pre-med students. He also intermittently teaches hospice principles to those students seeking a minor in the field at the University of Indiana in South Bend (IUSB). He acts on behalf of several national committees including in the National Hospice and Palliative Care Organization (NHPCO), Pediatric Advisory Council (PAC), and Palliative Care Association of Uganda (PCAU). He will finish his Pediatric Hospice and Palliative Care Fellowship program (1/25) with the Trillium Institute for Hospice Services in Grand Rapids, Michigan. His intent is to begin and expand more pediatric hospice and palliative care services, which includes those services needed within the inpatient setting, to the surrounding South Bend region after his fellowship is complete. He is also an avid over-seas medical missionary having lived and served 2 years in both Ebeye, Marshall Islands and in Arequipa, Peru. He is currently serving as the medical advisor for World Villages for Children sponsored by the Sisters of Mary and leads medical groups for mission purposes to Chalco, Mexico each year. He performs all assigned duties through the lens of his faith and acts of charity to others.

Derek Mounsey, DO, MHA



Dr. Derek Mounsey is second-year Cardiovascular Disease Fellow at Ascension St. Vincent in Indianapolis. Originally from eastern Indiana, he completed medical school at the University of Pikeville - Kentucky College of Osteopathic Medicine. He

returned to Indianapolis to complete his Internal Medicine Residency at Ascension St Vincent prior to starting fellowship.

Victoria Nobari, DO



Dr. Victoria Nobari is a dedicated psychiatry resident at Community Health Network. She earned her medical degree from Marian University- College of Osteopathic Medicine. Her osteopathic philosophy

underscores the importance of treating the whole person, which involves considering not only the biological aspects of mental health but also the psychological, social, and emotional dimensions. As a local resident, Dr. Nobari has a personal connection to the community she serves and is driven by a profound desire to address addiction, enhance mental health care, and support individuals with severe mental health conditions in her hometown. She strives to understand each person's life experiences, values, and personal goals to develop and implement comprehensive, personalized treatment plans.

Madhu Rao, DO, FAOAO

Dr Madhu Rao DO, FAOAO, is a Board Certified General Orthopedic Surgeon currently in private practice who originally started practicing in Indianapolis and has been in Northern Indiana for the past 17 years.

Benjamin Rodimel, DO



Dr. Rodimel is a PGY3 resident at Community South Osteopathic Family Medicine Residency. He excels at hands-on manipulation and osteopathic principles and practice.

Stephanie Russ, DO



Dr. Stephanie Russ is a dedicated osteopathic physician specializing in family medicine and currently serves as the Department Medical Director of Telehealth for Community Health Network. She completed her medical

training at the Edward Via Virginia College of Osteopathic Medicine and her residency at IU Health Ball Memorial Hospital. An advocate for telehealth and digital innovation, Dr. Russ leverages telehealth and AI to enhance patient care and accessibility. Known for her compassionate approach, she prioritizes patient education and preventive care. Outside of medicine, she enjoys traveling and spending time with her family.

Robert Saint, Esquire



Robert Saint graduated from the Indiana University McKinney School of Law in 1979. As a young attorney, he served on a multi-state strike force, The Leviticus Project, where he was regularly appointed as special prosecutor

to prosecute securities' frauds. In private practice, he was engaged in civil litigation and criminal defense. During the past 30 years, Mr. Saint has represented physicians in and outside of Indiana in disability claims and actions against disability insurance companies. Mr. Saint has represented physicians from nearly all specialties suffering from a disability. Mr. has battled nearly every disability insurance company in the United States. Mr. Saint regularly consults physicians about contractual issues and disputes, including the enforcement of noncompetition clauses.

Mr. Saint represents physicians under investigation by the Indiana Attorney General, hospital peer review committees (actions), and

represents physicians before the Medical Licensing Board of Indiana.

Mr. Saint has received an AV Rating (the highest rating for competence and ethics) for more than 30 years by Martindale and Hubbell.

Brittany Simpson, DO



Dr. Brittany Simpson, D.O. is a board certified family medicine physician. She completed medical school at Ohio University Heritage College of Osteopathic Medicine in Athens, Ohio and residency at Adena Health System in

Chillicothe, Ohio. She completed a fellowship in faculty development at the University of North Carolina and is currently on faculty as an assistant director at Community South Osteopathic Family Medicine Residency. Her clinical interests include OMT especially in treating headaches and sacral pain and pediatric development. She has served on the IOA CME committee for 4 years and IOA board of trustees for 1 year. Personal interests include: hiking the national parks, walking our Irish doodle, and attending church events.

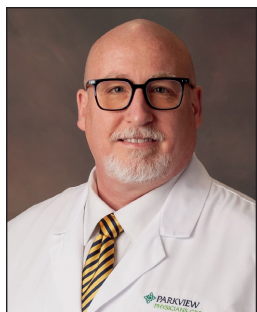
Caroline Steinman, DO



Dr Caroline Steinman is a Board Certified Family Physician. In 2015 she graduated residency and began practicing at Good Samaritan Hospital in Vincennes Indiana and has been there ever since. Dr Caroline Steinman is the

medical director of Diabetic Education and the Medically Supervised Weight Loss Clinic. As a Family Physician she sees newborn through end of life including obstetrics and inpatient pediatrics. One of her passions is the treatment of type 2 diabetes. With lifestyle changes and the recent explosion of new medications, she has helped numerous patients achieve optimal glycemic control and weight loss.

Patrick Woodman, DO, MS; FACS, FACOOG (Dist.)



Patrick Woodman is a Urogynecologist and Pelvic Reconstructive Surgeon and Educator from Fort Wayne, IN. He trained at the University of Michigan, and Michigan State University College of

Osteopathic Medicine. He was in the second OBGYN graduating class from the new(ish) Ascension - Genesys RMC in Grand Blanc, MI. He was the first graduate of the US Army's ACGME-accredited fellowship in Urogynecology at Madigan Army Medical Center in Tacoma, Washington. He has held a variety of teaching positions during his career, ranging from Medical School faculty, through Assistant Fellowship Director (at Indiana University). His first Residency Program Director position was with another SCS program at Ascension (St. John) Macomb in Warren, MI. He now runs a brand-new Program at Parkview Health in Ft. Wayne, and he recently started his first class of Residents in July, 2024. He continues to be affiliated with MSU, Indiana University and Marian's College of Osteopathic Medicine. Dr. Woodman has expanded the MSU Family by adding Parkview Health as the first out-of- state SCS Program.

Dr. Woodman has received multiple teaching awards and is an expert in the vaginal approach to reconstructive surgery, as well as offering a broad set of laparoscopic and abdominal choices. He has a Masters in Clinical Research, and has trained in Pelvic Floor Electrodiagnostics with international expert, Thomas Benson, MD.

Dr. Woodman is board certified in both OB/GYN and FPMRS, and is a Fellow of the American College of Osteopathic Obstetricians &

Gynecologists, the ACOG, and the American College of Surgeons.

Chelsea Workman, DO



Dr. Workman is a board certified Family Medicine physician and graduate of the Franciscan Health Family Medicine Residency Program. Although originally from St. Louis, Missouri, she has spent most of

her adult life in Indiana, having attended college at DePauw University and medical school at Marian University Wood College of Osteopathic Medicine in Indianapolis. Dr. Workman enjoys caring for patients of all ages, with a particular interest in pediatrics, women's health, management of chronic disease, Osteopathic manipulative medicine and preventative medicine.

Emily Zarse, MD

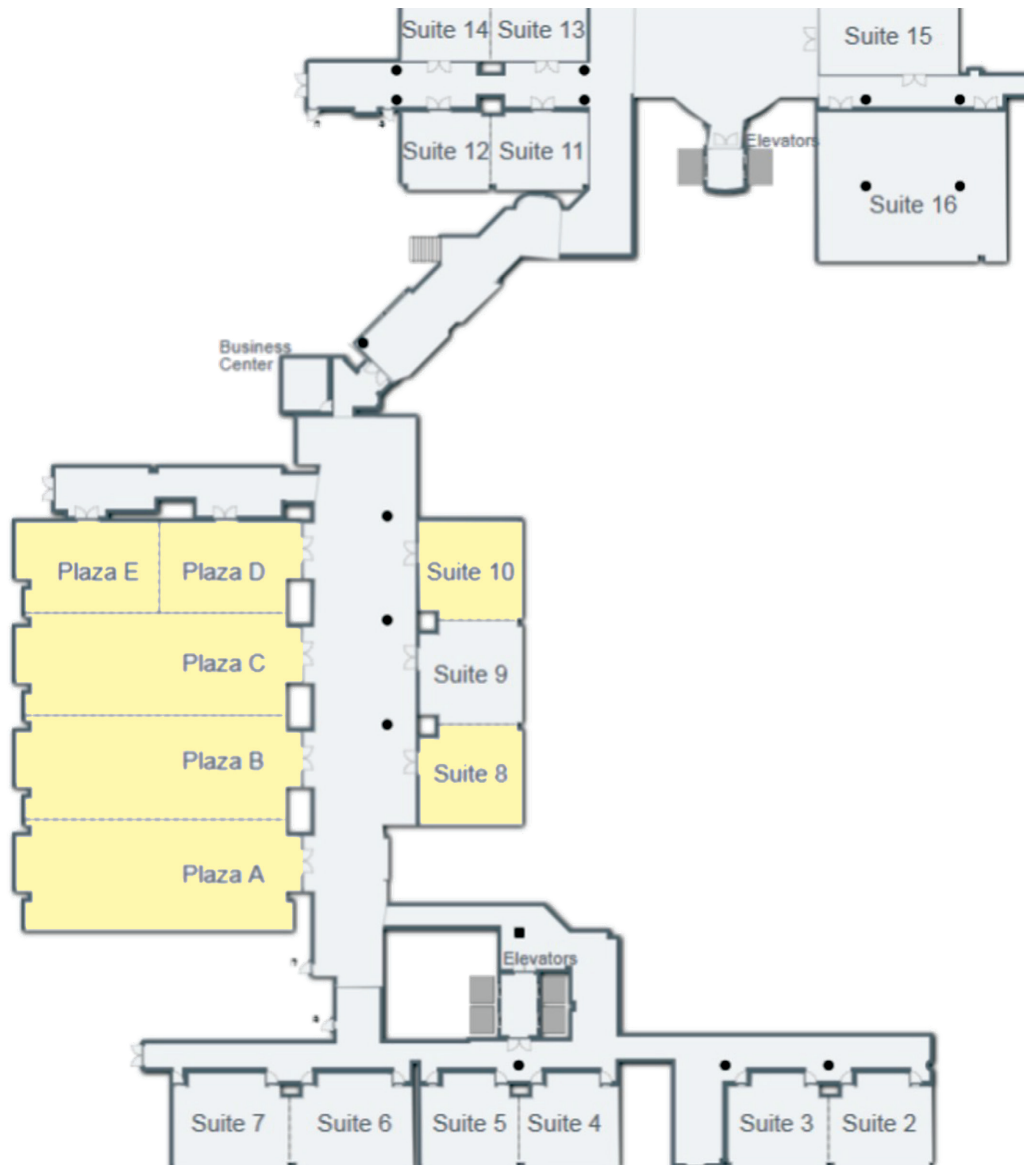


Dr. Zarse is originally from Bloomington, Indiana. She graduated from Indiana University School of Medicine for medical school, residency, and fellowship. She is board certified in addiction psychiatry,

addiction medicine and psychiatry. She is the program director of the Addiction Medicine Fellowship at Community Health Network in Indianapolis, IN. She sees dual diagnosis patients at her clinics on the east and south sides of Indianapolis. She enjoys teaching, expanding access to care for the underserved, and coming up with innovative ways to meet the needs of the community. When not at work, Dr. Zarse enjoys spending time with her husband and her two daughters.



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43RD ANNUAL WINTER UPDATE

Thank you to the following organizations and individuals who donated items to the Motyka Dannin Foundation Silent Auction!

Eiteljorg Museum

Center for the Performing Arts

David Koronkiewicz, DO

Guggman Haus Brewing Co.

Holiday World & Splashin' Safari

Indiana State Fair

Indiana State Museum

Indianapolis Motor Speedway (IMS)

Indianapolis Symphony Orchestra

Indianapolis Zoo

Jockamo's Pizza

Kurt Vonnegut Museum & Library

Tyler Mason Salon & Spa

SUPPORTING OSTEOPATHIC MEDICINE



The **Motyka Dannin Osteopathic Educational Foundation**, a 501(c)3 charitable nonprofit, was formed as an initiative of the **Indiana Osteopathic Association (IOA)**. Its mission is to raise and distribute funds primarily in support of the study of osteopathic medicine. This includes scholarships, grants for research, seminars, and similar programs. From 2017-2021, the foundation awarded its first five forgivable loans in the amount of \$10,000 each year.

Your generous support will allow us to continue awarding forgivable loans and providing opportunities for students to attend IOA CME events, attend DO Day on Capitol Hill sponsored by the American Osteopathic Association (AOA), attend the AOA House of Delegates, and identify other useful initiatives for our students and members.

DONORS:

DONOR BENEFITS

Individual Giving Benefits

- **Lapel Pin**
- **Lifetime giving recognition** on website and in publications
- **Donor-only receptions** at IOA CME meetings
- **Annual luncheon** with forgivable loan recipient
- **Complimentary registration** at IOA CME meeting of choice with an annual donation of \$2,500

Corporate Giving Benefits

(\$15,000 commitment over three years)

- **Complimentary exhibit space** at IOA CME meetings
- **Complimentary half page ads** in publications as well as in programs at IOA CME meetings
- **Recognition** on website and in publications
- **Donor-only receptions** at IOA CME meetings
- **Annual luncheon** with forgivable loan recipient



"I am honored to be the recipient of the Motyka Dannin Osteopathic Educational Foundation forgivable loan. I hope to touch the lives of many using skills, principles, and approaches gathered only in osteopathic training. I will continue to spread osteopathic knowledge and enthusiasm for the rest of my career. I owe a debt to the mentors and organizations that have helped me get to where I am today. My gratitude and appreciation goes out to the leaders and members of the Indiana Osteopathic Association for continuing to encourage and inspire students like me."

Ben Rodimel, OMS-4, Class of 2022

Marian University College of Osteopathic Medicine (MU-COM)

STUDENTS:

FORGIVABLE LOAN QUALIFICATIONS

- **Be an Indiana resident** who is attending an osteopathic medical school in the United States or a student of the Marian University College of Osteopathic Medicine
- **Be a member** of the Indiana Osteopathic Association
- **Be enrolled** as a second or third year medical student and in good standing
- **Present two letters** of recommendation
- **Submit an application** that includes an essay and list of accomplishments
- **Intend to practice** in Indiana following completion of a residency in family medicine, osteopathic manipulative medicine, general internal medicine, general surgery, psychiatry, general pediatrics, or obstetrics and gynecology (OB/GYN) for not less than 24 months

NAMESAKES

➔ **Daniel Motyka, D.O.**, from Crown Point, Indiana was one of the IOA's most dedicated members to developing successful CME events. Dr. Motyka's mission was to provide and maintain the highest possible education for osteopathic physicians in Indiana and the surrounding states.

➔ **Arthur Dannin, D.O.**, from Frankfort, Indiana was focused on the osteopathic medical student. He worked tirelessly with the Indiana General Assembly to pass education-friendly legislation, guided students on their paths in medicine, and began some of the initial talks to develop an osteopathic medical school in Indiana.