



127th Spring Update – Virtual

AGENDA AND LEARNING OBJECTIVES

Friday, May 16

7:00 AM – 8:00 AM (1.0 credit)

Women's/Menstrual Health

Hilary Gaudreau, MD; Magdalena Lewandowska, MD, CACP

Learning Objectives:

1. How to identify women with bleeding disorders (WwBD) presenting with heavy menstrual bleeding
2. Discuss management options of heavy menstrual bleeding, including hormonal and non-hormonal methods
3. Evaluate and address healthcare considerations pertaining to WwBD in the setting or pregnancy

8:00 AM – 9:00 AM (1.0 credit)

Type 2 Diabetes Mellitus Treatment Updates

Anne Packard, PharmD

Learning Objectives:

1. Summarize the recommendations for treating type 2 diabetes.
2. Explain the current therapeutic agents available for managing type 2 diabetes.
3. Discuss benefits specifically for cardiovascular and renal protection with SGLT-2i and GLP-1RA. Summarize the continuous glucose monitors available

9:00 AM – 10:00 AM (1.0 credit)

Introduction and Overview of Head and Neck Radiology

Katie Traylor, D.O.

Learning Objectives:

1. At the conclusion of this session, the participant will be able to feel more confident in knowing which imaging modality to order in a patient with a head and neck condition.
2. Also, the physician should be able to know the role of imaging in common head and neck conditions.
3. This session should enhance physicians' ability to select the most appropriate head and neck imaging modalities based on clinical presentation and osteopathic principles, ensuring accurate diagnosis, minimizing unnecessary radiation exposure, and optimizing patient-centered care.



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10:00 AM – 10:15 AM

Break

10:15 AM – 11:15 AM (1.0 credit)

Public Health Priorities

Guy Crowder, MD, MPHTM

Learning Objectives:

1. Learn about Health First Indiana
2. Understand the primary priorities of public health in Indiana
3. Become familiar with county and state-level public health data for the identified priorities

11:15 AM – 12:15 PM (1.0 credit)

A look back at the 2025 Session of the Indiana General Assembly

Louis Belch, The Corydon Group

Learning Objectives:

1. At the conclusion of this session, participants will be able to recognize significant state-level legislation relevant to osteopathic medicine in Indiana, highlighting its potential impact on patient care and the day-to-day practice of osteopathic physicians.
2. By the end of this session, participants will understand how existing state legislation and policies influence the osteopathic profession, offering insights into implications for individual practitioners and the broader healthcare system.
3. Participants will also be equipped to describe various ways physicians can collaborate with state organizations to help shape and advance legislation that supports osteopathic medicine.

12:15 PM – 12:45 PM

Lunch Break

12:45 PM – 1:45 PM (1.0 Credit)

Overview of HIPAA

Stacy Walton Long, Esq.

Learning Objectives:

At the conclusion of this session, the participant will be:

1. educated on the latest updates to the HIPAA Privacy and Security Rules, including any new regulations implemented in 2024 and 2025
2. able to offer practical guidance on how organizations can adapt their policies and procedures to ensure compliance with the new HIPAA regulations
3. able to analyze and address the potential operational and financial impacts of the new HIPAA rules on healthcare providers.



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1:45 PM – 2:45 PM (1.0 Credit)

Quit Now Indiana: Helping Your Patients in Tobacco Recovery

Natalie Rivich, BA, MA, HADM

Learning Objectives:

1. Recognize the importance of medical providers asking about patient commercial tobacco use, advising patients to consider ending nicotine dependence, and referring patients to Tobacco Treatment resources such as Quit Now Indiana
2. Describe Quit Now Indiana Tobacco Treatment Services available to Hoosiers ages 13 and up
3. Choose a Quit Now Indiana patient referral strategy that benefits osteopathic patient care

2:45 PM – 3:00 PM

Break

3:00 PM – 4:00 PM (1.0 credit)

Acne Management in Primary Care

Nicolas Terentjev, DO

Learning Objectives:

1. Describe how to differentiate acne from other dermatologic conditions by recognizing key clinical features and ruling out common mimickers.
2. List comprehensive treatment options for acne, including topical, oral, and intralesional therapies, along with their indications, mechanisms of action, and potential side effects.
3. Explain appropriate acne treatment selection based on severity, when dermatology referral is warranted, and how acne impacts multiple aspects of a patient's well-being. By effectively managing acne, physicians implement an osteopathic approach to patient care that addresses both the physical and psychosocial components of the disease.

4:00 PM – 5:00 PM (1.0 credit)

Pediatric Headache Care

Jeremy Jones, DO

Learning Objectives:

1. Differentiate and aid in the identification and diagnosis of primary vs secondary headache disorders.
2. List pediatric red flags associated with secondary headache disorders.
3. Design acute and preventive treatment tool kits for primary headache disorders.
4. Know the components of osteopathic manipulative therapy for a patient with head and cervical musculoskeletal abnormalities.



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Saturday, May 17

7:00 AM – 8:00 AM (1.0 credit)

Autism Spectrum Disorder

Eugene Justus, DO

Learning Objectives:

1. Recognize the steep incline in the prevalence of ASD;
2. introduce the roles genetic predisposition, toxic injury, oxidative stress, and immune dysregulation in ASD, and
3. Improve osteopathic medical knowledge by recognizing that ASD is whole body disease.

8:00 AM – 9:00 AM (1.0 credit)

Obesity Treatment, What, Who, and When

Jingliang Yan, MD, PhD

Learning Objectives:

1. Describe the available treatment options for obesity
2. Describe the expected weight loss results of different obesity treatment options
3. Devise an individualized treatment plan for patients based on all aspects of their health

9:00 AM – 10:00 AM (1.0 credit)

Updates in Asthma

Eric Schauburger, DO, PhD, FAAAAI, FACAAl, FAAP

Learning Objectives:

1. Discuss the differential diagnosis of asthma
2. Review assessment techniques and compare current treatment for asthma
3. Improve osteopathic patient care of asthmatics

10:00 AM – 10:15 AM

Break

10:15 AM – 11:15 AM (1.0 credit)

Opioid Use Disorder

Gretchen Johnson, DO

Learning Objectives:

1. Describe background information about Opioid Use Disorder including neurobiology, epidemiology, and common co-morbid conditions.
2. Explain how to diagnose Opioid Use Disorder, Opioid Intoxication, and Opioid Withdrawal.
3. Develop treatment plan options for a patient with Opioid Use Disorder.



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11:15 AM – 12:15 PM (1.0 credit)

Opioid Use Disorder - Buprenorphine Considerations

Gretchen Johnson, DO

12:15 PM – 12:45 PM

Lunch

12:45 PM – 1:45 PM (1.0 credit)

Injections in the Office

Jacklyn Kiefer, DO

1:45 PM – 2:45 PM (1.0 credit)

Coding for Primary Care Physicians

Stephanie Kidd, DO

2:45 PM – 3:00 PM

Break

3:00 PM – 4:00 PM (1.0 credit)

The Diabetic Athlete

Nicholas DeFauw, DO

Learning Objectives:

1. Describe the physiologic basis in which energy is utilized during exercise to help understand the mechanisms of exercise and the metabolic complications with the diabetic athlete
2. List preparticipation guidelines for the diabetic athlete
3. Explain the exercise restrictions and guidelines for the diabetic athlete
4. Explain the process of maintaining blood glucose levels in diabetic athletes during exercise

4:00 PM – 5:00 PM (1.0 credit)

Hospice & Palliative Care: Is Admission Possible? What Extraordinary Services Pts Might Desire/Which May Be Rendered

Matt Misner, DO, MS, MAPS

Learning Objectives:

1. Understand Hospice & PC services and when one might wish to refer.
2. Discuss extraordinary requests such as palliative chemo and/or XRT, peritoneal drains, etc.
3. Understand which requests may be rendered in hospice, which might be better addressed in a home/clinical PC program



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Speaker Biographies

Louis Belch



Lou Belch is an experienced lobbyist. He has been representing various health care providers before the Indiana General Assembly for 35 years. He is well versed in legislative issues impacting the practice of Medicine

Guy Crowder, MD, MPHTM



Dr. Crowder joined the Indiana Department of Health as Chief Medical Officer in November of 2023. He received his medical degree from the Indiana University School of Medicine. He completed post-graduate medical training at the Franciscan Health Family Medicine Residency in Indianapolis, and he is board certified in family medicine. Before working for the Indiana Department of Health, Dr. Crowder worked with Franciscan Health beginning in 2019. From 2019-2020 he worked as a family physician at Kendrick Family Medicine and as a travel medicine physician for Franciscan Travel Well. In January 2021, he became the medical director of employee health for the Franciscan Central Indiana Region and the Franciscan Travel Medicine department. He was also the medical director for the Franciscan Health-e-Access program and the medical supervisor of the Franciscan Immunizations Clinic.



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Nicholas DeFauw, DO



Dr. DeFauw is a Board Certified Primary Care Sports Medicine Physician. He attended Michigan State University College of Osteopathic Medicine. From there he completed a Family Medicine residency at St. John's Macomb Oakland Hospital in Warren Michigan and a Sports Medicine Fellowship at John Peter Smith Health System in Fort Worth Texas. Currently, he works at Goshen Orthopedics providing non-surgical orthopedic care and sports medicine care to multiple local area high schools.

Magdalena Lewandowska, MD, CACP



Dr. Magdalena Lewandowska is an adult classical hematologist at Innovative Hematology, home to the Indiana Hemophilia and Thrombosis Center (IHTC), one of the largest federally recognized hemophilia treatment centers in the United States. She has a special interest in hemostasis, focusing on women's health as well as rare bleeding disorders. Dr. Lewandowska leads the adult department of the GO+ lifespan learning action network (LAN) clinic associated with the Foundation of Women and Girls with Blood Disorders (FWGBD) focused on health of women and people with the potential to menstruate affected with a blood disorder, where she provides comprehensive

hematologic/gynecologic care for patients affected with a blood disorder along with Dr. Gaudreau (gynecology). She is also the director of the Hereditary Hemorrhagic Telangiectasia (HHT) Center of Excellence at IHI. Dr. Lewandowska is involved in medical education, teaching medical students, internal medicine residents, and hematology fellows. She is heavily involved in clinical research at IHI. She serves on the World Federation of Hemophilia (WFH) steering committee for gene therapy, and the WFH panel for hemostatic agents. She also serves as a member of the Medical and Scientific Advisory Council (MASAC) of the National Bleeding Disorder Foundation (NBDF).



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Hilary Gaudreau, MD



Dr. Hilary Gaudreau is an obstetrician gynecologist with expertise in providing reproductive healthcare for women and people with the potential to menstruate who have an underlying hematologic disorder. Dr. Gaudreau extends this expertise to IHTC's GO+ LAN Clinic, the only specialty clinic of its kind in the state of Indiana. Dr. Gaudreau addresses reproductive healthcare concerns throughout adulthood, using shared decision making with her patients to guide safe treatment plans for conditions ranging from heavy or dysfunctional uterine bleeding to menopause/perimenopause. She is involved in medical education of obstetrics/gynecology residents and hematology fellows who rotate through the GO+ clinic. Dr. Gaudreau has served as a

speaker and educator on reproductive health for physicians and patients throughout the state of Indiana, including Indiana State Department of Health's Labor of Love, Hemophilia of Indiana's state and regional meetings, hospital grand rounds, and physician association meetings.

Gretchen Johnson, DO



Dr. Gretchen Cheuk-Wing Johnson is originally from Baldwin, New York. She practices addiction medicine at Community Fairbanks Recovery Center in Indianapolis, IN. She is passionate about providing compassionate care for patients and their support systems, and about training the next generation of physicians. Outside of medicine, she enjoys spending time with her husband and their three sons.



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Jeremy Jones, DO



Jeremy Jones, DO, is a clinical associate professor in primary care at Marian University Tom and Julie Wood College of Osteopathic Medicine (MU-WCOM) in Indianapolis, Indiana. He is a member of the American College of Osteopathic Pediatricians, the American College of Pediatricians, the Catholic Medical Association, the American Osteopathic Association, and the Indiana and Oklahoma Osteopathic Associations. Dr. Jones received his Bachelor of Science in Chemical Engineering at the University of Oklahoma and his Doctorate in Osteopathic Medicine at the Oklahoma State University Center for Health Sciences (OSU-CHS). Dr.

Jones is board certified in pediatrics. He has experience in teaching and mentoring medical students and resident physicians for thirteen years. Dr. Jones has clinical interests in asthma education and spirometry; medical knowledge acquisition through illness scripts; and clinical decision-making through train-of-thought processes. His academic interests include integrated lecture design and game-based learning. Dr. Jones has personal interests in his Catholic faith, daily Mass, St. Thérèse of the Child Jesus, Carmelite spirituality, cooking, and chess. Dr. Jones enjoys spending time with his wife, Maria Kayla, and their three daughters: Gemma Rose, Mary Agnes, and Lucy Cecilia.

Eugene Justus, DO



Dr Eugene Justus is a graduate of University of Osteopathic Health Sciences (now Des Moines University) College of Osteopathic Medicine. He completed an osteopathic rotating internship at Westview Hospital in Indianapolis and family medicine residency at Crieghton University/Offutt Air Force Base, Omaha Nebraska. He served as an Air Force flight surgeon, family medicine residency program director, and director of medical education at Westview Hospital. He is currently an assistant program director at the Community South Osteopathic Family Medicine Residency. One of his clinical focuses is care of individuals with autism and individuals with intellectual disabilities. He served as president

of the IOA in 2006 – 2007.



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Stephanie Kidd, DO



Dr. Stephanie Kidd has been in clinical practice since 2020. She was a member of the inaugural class of Marian University College of Osteopathic Medicine. She attended residency at Reid Health in Richmond, Indiana from 2017-2020 and joined IU Health in Fort Wayne upon graduation. She has won various awards throughout her training and career including the Reid Health Resident of the Year Award, the ACOFP Sander A. Kushner, DO, FACOFP, Memorial Osteopathic FM Resident Award, conference presentation awards, and has become board certified in Family Medicine and Osteopathic Manipulative Treatment. She is an active member of several medical associations including ACOFP, ISMA, AOA,

and AMA. She was a co-writer on the ACOFP Task Force on Climate Change White Paper, a current and active member of the ACOFP Annual Convention Workgroup, ACOFP Federal Legislation and Advocacy Committee, Indiana representative and voting member for the ACOFP Congress of Delegates, Fort Wayne Medical Society member and ISMA House of Delegates voting member. She was a participant in the ACOFP Future Leaders Conference as a participant and later as a mentor. At IU Health Fort Wayne, she is the physician chairperson of the Healthy Registries and Quality Improvement Committee and on the Wellness Committee. In addition to her medical license, she has an Indiana Real Estate license, does home rehabilitation, and holds a Master's in business administration with a concentration in marketing. She is a wife, mother, and grandparent. She enjoys spending time with family, outdoor activities and traveling, both domestic and international.

Jacklyn Kiefer, DO

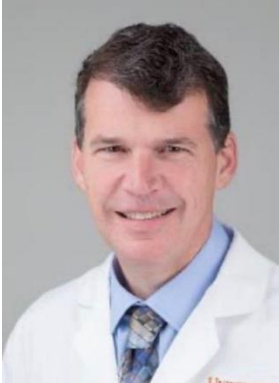


Dr. Jacklyn Kiefer is board certified in family medicine and holds her certificate of added qualifications in sports medicine. She is an Assistant Director at Community South Osteopathic FM Residency and the Medical Director of the sports medicine division at Community Health Network. She is the team physician for University of Indianapolis and Warren Central High School.



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Matt Misner, DO, MS, MAPS



Matt Misner is a board-certified Pediatrician and long-standing member of the American Academy of Pediatrics (AAP). He has worked as a hospice and palliative care (PC) physician at the Center for Hospice Care, in Mishawaka, Indiana, since 2020. He has provided face-to-face home and clinical exams to pediatric hospice and palliative care patients, as well as adult patients. He also manages the acute needs of these same patients at the Raclin Center inpatient unit (IPU). He serves as the Education Director at the Center and teaches hospice principles to the Indiana University (IU) students and Family Medicine residents. He also participates in the training of IU Hospice and Palliative

Medicine fellows at both participating medical facilities, as well as the University of Notre Dame pre-med students. He also intermittently teaches hospice principles to those students seeking a minor in the field at the University of Indiana in South Bend (IUSB). He acts on behalf of several national committees including in the National Hospice and Palliative Care Organization (NHPCO), Pediatric Advisory Council (PAC), and Palliative Care Association of Uganda (PCAU). He recently completed his Pediatric Hospice and Palliative Care Fellowship program (1/25) through Trinity Hospital/DeVos Children's Hospital/ Trillium Institute for Hospice Services in Grand Rapids, Michigan. He has been accepted and has deferred entrance into the Academy of Pediatric Integrative Medicine (APIM) fellowship until 1/2026. He is currently expanding the Center's pediatric hospice and palliative care inpatient services at Beacon Memorial Hospital and plans to bring PC services to disabled children receiving care at A Rosie Place in South Bend. He is also an avid over-seas medical missionary having lived and served 2 years in both Ebeye, Marshall Islands and in Arequipa, Peru. He is currently serving as the medical advisor for World Villages for Children sponsored by the Sisters of Mary and leads medical groups for mission purposes to Chalco, Mexico each year along with medical trips to Santa Clotilde, Peru in the Amazon region. He performs all assigned duties through the lens of his faith and acts of charity to others. Vivat Jesus (May Jesus Live)!



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Anne Packard, PharmD



Dr. Anne Packard originally from Holland, Michigan received her Doctorate of Pharmacy from Purdue University. Dr. Packard completed a PGY-1 Pharmacy Practice residency with Spectrum Health in Grand Rapids, Michigan and completed a PGY-2 Ambulatory Care residency with Kaiser Permanente in Denver, Colorado. She is a Board Certified Ambulatory Care Pharmacist in Primary Care and also holds a faculty position with Community Health Network's Osteopathic Family Medicine residency program. She has a collaborative drug practice agreement at the residency clinic, which allows her to assist the medical residents and faculty in managing their patients with chronic disease states. She also provides education and support to the office and medical residents as well as to pharmacy residents and students. She has a special interest in osteoporosis and diabetes.

Natalie Rivich, BA, MA, HADM



Quitline Director at Indiana Dept. of Health where she managed Indiana's Quitline services and Community Director for Smokefree Indiana where she led a grass-roots coalition. The coalition created policies and programs that reduced smoking prevalence in Northwest Indiana. Additionally, she served as the project director for the tobacco education and prevention coalition for Porter County – a Tobacco Prevention and Cessation coalition partner for 19 years leading local community efforts to reduce tobacco use. Natalie is a proven champion for the integration of the Indiana Tobacco Quitline into electronic health record systems and has worked with different health systems and providers to assist them with the e-referral process. Her career

in tobacco prevention and cessation has made her a leader in advocacy, provider engagement and program management in Indiana's tobacco control movement. Natalie holds a master's degree in liberal studies in political science, sociology, health administration and psychology. She has a bachelor's degree in communications. Additionally, she has a certificate in Health Administration.



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Eric Schauberger, DO, PhD, FAAAAI,. FACAAI. FAAP



Eric Schauberger, DO, PhD, FAAP, FAAAAI, FACAAI is dual board certified in Pediatrics and Allergy/Immunology. He is an allergist/immunologist at Gundersen Health in La Crosse, WI. He is an Adjunct Professor of Pediatrics at the University of Wisconsin-Madison and previously was the fellowship program director at UW. Eric's clinical interests are pediatric food allergy, asthma, and penicillin allergy delabeling. His research focuses on the early life risk factors for the development of allergy and asthma. He resides in the Driftless Area of Wisconsin with his wife, three kids, three cats and two dogs.

Nicolas Terentjev, DO



Nicolas Terentjev, D.O. is a PGY-2 family medicine resident at Community South Osteopathic Family Medicine Residency. He is from Seattle, WA and graduated from Kansas City University in 2023. His clinical interests include chronic disease management, dermatology, preventive medicine, and men's health.

Katie Traylor, DO



Katie Traylor, DO, is a dually boarded physician with the American Board of Nuclear Medicine and the American Board of Radiology. She holds a Certificate of Added Qualification in Neuroradiology. Dr. Traylor completed residencies in nuclear medicine and diagnostic radiology, followed by fellowships in Neuroradiology and Head and Neck Oncology Imaging. She is the Director of Head and Neck Imaging at UPMC and an Associate Professor at the University of Pittsburgh School of Medicine. With expertise in advanced imaging techniques, she specializes in the diagnosis and management of complex head and neck pathologies. Dr. Traylor is actively involved in education, research, and multidisciplinary collaborations, contributing to advancements in neuroradiology and oncologic imaging.



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Stacy Walton Long, Esq.



Stacy Walton Long, Esq., is a Partner at Krieg DeVault LLP in their Healthcare Practice Group. She specializes in healthcare privacy and security and corporate compliance

Jingliang Yan, MD, PhD



Dr. Yan is a board certified bariatric surgeon at Community Hospital South, serving patients in the south Indianapolis region. He completed his general surgery training at the Cleveland Clinic, and a bariatric surgery fellowship at Vanderbilt University. In addition to performing all bariatric procedures, he is also board certified by American Board of Obesity Medicine, thus providing comprehensive treatments for all patients with obesity and obesity-related co-morbidities.