

DOCTORS SAID IN PREVIOUS YEARS...

"Overall, an excellent conference with excellent presentations by many osteopathic physicians. How far we have come."

"Excellent conference as always done by the IOA—worth the distance to get there."

"The program was excellent. The quality was very good. I will continue to attend."

"The IOA always puts on a nice conference. I can always count on coming to at least one per year and being glad I did. Thank you."

THIS YEAR'S PROGRAM

We are pleased that **Robert C. DeLuca, D.O., FACFP *dist.***, president of the American College of Osteopathic Family Physicians (ACFP) will be our guest at a luncheon on Friday and will make a presentation on the future of board of certification as well as report on behalf of the ACOFP Board of Governors at a reception on Friday evening.

At a luncheon on Saturday, **Ronald R. Burns, D.O.**, president of the American Osteopathic Association (AOA) will be our guest and will report on behalf of the AOA Board of Trustees.



Your support of the Advocates' fundraising efforts at our CME program by buying raffle tickets and bidding on items in the silent auction is greatly appreciated.

The money raised will go to the Motyka Dannin Osteopathic Educational Foundation to support the study of osteopathic medicine.

HOTEL RESERVATIONS



BOOK YOUR ROOM EARLY!

The Sheraton's address is
8787 Keystone Crossing
Indianapolis, IN 46240.

Make your reservation via the internet at
<https://tinyurl.com/y6d7qhh3>
or call (888) 627-7814.

The room rate is
\$145 per night
single or double occupancy
until 5:00 pm on November 4.

Be sure to mention the
IOA Annual Winter Update
to receive these rates.

Make your reservation now **even if you're not certain you will need a room.**
If you decide to cancel your reservation, **please contact the IOA first.**

ENTERTAINMENT

Bring your family along. December in Indianapolis offers numerous opportunities for family and grown-up fun. You can enjoy first rate theater, concerts, shopping and dining. The Sheraton Indianapolis Hotel at Keystone Crossing is directly connected to The Fashion Mall at Keystone Crossing and is located amid the city's most affluent area.



INDIANA
REPERTORY
THEATRE

The Indiana
Repertory
Theater provides
a large and
ample bill of

plays for its audiences to enjoy. For tickets, go to www.irtlive.com or call (317) 635-5252 Monday through Friday, 11:00 am to 6:00 pm.

Founded in 1930, the Indianapolis Symphony Orchestra quickly blossomed into one of the nation's most renowned orchestras. Go to www.indianapolissymphony.org or call (317) 639-4300 or (800) 366-8457 outside Central Indiana Monday through Friday, 10:00 am until 5:00 pm, for tickets.

Comfortable shoes are a must! With 65 acres at the Indianapolis Zoo and an additional 3 acres at White River Gardens, you'll be on your feet most of the day. For tickets, go to www.indianapoliszoo.com or call (317) 630-2001, Wednesday through Sunday, 9:00 am until 4:00 pm.



Explore the world's biggest and best children's museum! This is a place where you'll

make discoveries, spark your creativity, be transported to other times and places, get your hands in sand and water, climb and jump, and have a ball doing it all. Go to www.childrensmuseum.org or call (317) 334-4000, Tuesday through Sunday, 10:00 am until 5:00 pm, for tickets.

The Eiteljorg Museum of American Indians and Western Art, the Indianapolis Art Museum, and the American Cabaret Theater are all within a reasonable drive from the hotel too.



38th Annual Winter Update December 6 - 8, 2019

The IOA is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

The IOA designates this program for a maximum of 25 AOA category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.



Preconference OMT Workshop December 5, 2019

The MU-COM is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

The MU-COM designates this program for a maximum of 8 AOA category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

**Sheraton Hotel at Keystone Crossing
Indianapolis**

TENTATIVE AGENDA

**PRECONFERENCE OMT WORKSHOP
THURSDAY, December 5, 2019**

8:00 am - 5:30 pm
Topic TBA
Speaker TBA

This is an optional **preconference OMT workshop** for an additional fee. *(Please indicate attendance on your registration form.)*

**FRIDAY, December 6, 2019
(Exhibits open 8:00 am - 3:00 pm)**

- 7:00 am - 6:00 pm**
- Wound Care
Michael S. Miller, D.O.
 - Update in Hypertension
Daniel M. Gelfman, M.D.
 - Improving Outcomes in Diabetic Patients
Addison G. Haynes, D.O.
 - Narcolepsy
Eric W. Newgent, D.O.
 - Future of Board Certification
Robert C. DeLuca, D.O., FACOF, dist.
 - Just Sign Here: Contract Negotiations for Physicians
Ron Paprocki, J.D.
 - OMT Workshop: Chronic Headache
Garren P. Gebhardt, D.O.
 - More topics TBA
- 6:15 pm**
- ACOFP Reception
- 7:00 pm**
- Topic TBA

This is a **promotional event**. CME credit will not be available for this session. In adherence with PhRMA guidelines, spouses or other guests are not permitted to attend company-sponsored events. *(Please indicate attendance on your registration form.)*

**SATURDAY, DECEMBER 7, 2019
7:00 am – 6:00 pm**

- Pain Management and Opioids: Balancing Risks and Benefits
Annette T. Carron, D.O.
- Toddlers are From Jupiter: Why Treating Young Children Looks Different
Michelle J. Curtin, D.O.

SATURDAY, DECEMBER 7, 2019 continued

- Physician Directed, Physician Led
Ronald R. Burns, D.O.
 - Common Pediatric Fractures and Injuries
David C. Koronkiewicz, D.O.
 - More topics TBA
- 6:15 pm**
- Holiday Reception

All spouses/guests and children are invited too. *(Please indicate attendance on your registration form.)*

**SUNDAY, DECEMBER 8, 2019
7:00 am - 12:15 pm**

- Physician Prescribing Practices and Limitations for Controlled Substances
Stephanie T. Eckerle, J.D.
- Coding and Billing Update
Joy W. Newby, L.P.N., CPC
- More topics TBA

(Topics and times subject to change.)

EVENT PHOTOGRAPHY

Attendees at the IOA's 38th Annual Winter Update may be photographed by newspaper or television reporters/photographers, staff members, or others involved with the program. These photographs may appear without compensation in media or in productions, publications, on the internet, or other printed or electronic materials related to the role and function of the IOA's 38th Annual Winter Update. This disclosure also pertains to speakers participating in general and/or breakout sessions throughout the day.

USE YOUR ELECTRONIC DEVICES!

Participants may **download** speakers' presentations provided to us by the week before our events on the IOA's website during CME programs **free of charge**. Participants also may **download** the YAPP app **free of charge** on an iPhone, iPad, or android and access the IOA's 38th Annual Winter Update App (**Winter Update App**) instead of viewing a printed program. *(Please indicate if you prefer to download the Winter Update App on your registration form.)*

REGISTRATION FORM

Name <i>(indicate first and last for name badges)</i>	Degree	AOA Member Number	
Mailing Address <i>(indicate <input type="checkbox"/> office <input type="checkbox"/> residence)</i>	City	State	Zip Code
Telephone Number <i>(indicate <input type="checkbox"/> office <input type="checkbox"/> residence <input type="checkbox"/> cell)</i>	Medical College	Year of Graduation	
E-Mail Address	Specialty	Certification	

REGISTRATION FEES
(circle appropriate fee)

	Before 11/8/19	After 11/8/19
Member*	\$575	\$675
Resident/Intern Member	\$250	\$350
Student**	\$125 (\$50)	\$225 (\$100)
Spouse/Guest	\$150	\$250
Non Member	\$763	\$863
Resident/Intern Non Member	\$325	\$425

* Member of IOA or respective state association *(Please provide verification of membership status if in a respective state association.)*

** Discounted student registration fees are supported by the Motyka Dannin Foundation.

- I would prefer to download the **Winter Update App**.
- I will participate in the **optional preconference OMT workshop** on Thursday, December 5.
- I have included **an additional fee of \$250** in my check.
- I understand that **an additional fee of \$250** will be charged as indicated below.
- I will participate in the **promotional event** on Friday, December 6.
- I will participate in the **holiday reception** on Saturday, December 7.
- Check *(made payable to IOA)* enclosed.
- Charge to: Visa Mastercard Discover American Express

Card Number	Expiration Date	CVC Number	Authorized Signature
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REGISTER ON-LINE:
Go to www.inosteo.org.

CANCELLATIONS & REFUNDS:

The IOA must receive notice of cancellations by November 8, 2019, to grant full refunds. If originally paid by credit card, cancellations are subject to a 5% service fee. All cancellations received after November 8 are subject to a 15% service fee. After November 22, 2019, all cancellations are subject to a 25% service fee.

MAIL REGISTRATION FORM WITH PAYMENT TO:

Indiana Osteopathic Association
3200 Cold Spring Road
Michael A. Evans Center for Health Sciences, Suite 107
Indianapolis, IN 46222-1672.

QUESTIONS?
Call (317) 926-3009.

SPECIAL NEEDS?
Contact the IOA before November 8, 2019, if possible.